

# Community RESOURCE guide

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- > Financial Assistance
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- > Housing and Rent Assistance
- > Legal Assistance
- > Substance Use Disorder Assistance
- > Medical Assistance
- > Transportation Services



Clayton  
**COMMUNITY CENTER**  
Panola

# BEHAVIORAL/MENTAL HEALTH ASSISTANCE

## > MY HEALTH MY RESOURCES TARRANT COUNTY

Provides 24/7 community-based services for youth and adults with developmental disabilities, mental health conditions, and substance use disorders. Through a variety of outpatient, residential, and crisis support services people of all ages can get the help they need.

*\*Multiple locations, multiple treatments options, see website for more information.*

(817) 569- 4300  
Crisis line: (817) 335- 3022  
<http://www.mhmrtarrant.org/>

3840 Hulen Street  
Fort Worth, TX 76107

## > JPS HEALTH NETWORK

Provides inpatient, outpatient, and peer and family services for adults and adolescents. Accepts most insurance plans and offers multiple payment assistance programs for services.

*\*Multiple locations, multiple treatments options, see website for more information*

(817) 702-1100  
<https://www.jpshealthnet.org/locations/viola-pitts-como-health-center>

Viola Pitts/Como Health Center  
4701 Bryant Irvin Road N.  
Fort Worth, TX 76107

# CHILD/YOUTH SERVICES

## > TEXAS YOUTH HOTLINE

Provides 24/7 preventive support to youth free of charge. Trained volunteers provide guidance on youth-related concerns, referral information, and simply listen.

Phone: (800)-989-6884  
Text: (512)-872- 5777

<https://www.dfps.state.tx.us/youth-helpline/>

## > MHMR TARRANT COUNTY: EARLY CHILDHOOD INTERVENTION (ECI)

ECI of North Central TX provides evaluation services for children and families to help young children who may be behind schedule for developmental milestones.

(888)-754-0524

<https://www.mhmrtarrant.org/>

# CRISIS ASSISTANCE

## > ACH CHILD AND FAMILY SERVICES

Crisis intervention and counseling, short-term counseling for at-risk youth and their families, emergency youth shelter, youth life skills, and parenting classes.

Hotline: (817)-355-4673

<https://achservices.org/>

## > MHMR ICARE CRISIS HOTLINE

24/7 hotline that provides emergency mental health support, information, and referrals for all people.

Phone: (817) 335-3022

Text: (817) 355-3022

<https://www.mhmrtarrant.org/>

## > PSYCHIATRIC EMERGENCY CENTER- JPS HEALTH NETWORK

Provides inpatient, outpatient, and peer and family services for adults and adolescents. Accepts most insurance plans and offers multiple payment assistance programs for services.

*\*Multiple locations, multiple treatments options, see website for more information*

(817) 702-4151

[http://www.jpshealthnet.org/  
location/psychiatricemergency-  
center](http://www.jpshealthnet.org/location/psychiatricemergency-center)

1500 S. Main Street  
Fort Worth, TX

# DENTAL ASSISTANCE

## > DENTAL HEALTH ARLINGTON

Non-profit that provides low-cost preventive and pain-relieving services to low-income residents in Tarrant County.

(817) 277-1165

<https://dentalhealtharlington.org/>

501 W. Sanford Street, Stw. 11  
Arlington, TX 76011

## > DENTAL – JPS HEALTH NETWORK

Provides dental care for patients experiencing problems that need immediate treatment, such as severe pain, broken, cracked, or chipped teeth.

*\*Multiple locations, multiple treatments options, see website for more information*

(817) 702-3567

[https://www.jpshealthnet.org/health\\_care\\_services/dental/locations](https://www.jpshealthnet.org/health_care_services/dental/locations)

Stop Six/Walter B. Barbour  
3301 Stalcup Road  
Fort Worth, TX 76119

## > DENTAL CARE- COOK CHILDREN'S

Serves patients between 0 to 16 years old for preventive, restorative, and sedation dental care services. Accepts Medicaid & CHIP and can treat children with medical conditions.

(817) 347-4600

<https://cookchildrens.org/neighborhoodclinics/renaissance/Pages/dental-care.aspx>

Renaissance  
2600 E. Berry Street  
Fort Worth, TX 76105

# EMERGENCY SHELTERS

## > J.E. & L.E. MABEE SOCIAL SERVICE CENTER

Mabee Center serves individuals and families 24/7 for 365 days per year. Provides emergency family homeless shelters, daily meals, a transitional program, support services for homeless veterans, and a long-term residential treatment program for those with substance use issues.

(817) 344-1800  
<https://salvationarmyntx.org/>

1855 E. Lancaster Avenue Fort  
Worth, TX 76103

## > PRESBYTERIAN NIGHT SHELTER

Free shelter for homeless adults operating 24/7, 365 days per year. Provide meals and additional support services for single women and single men without length-of-stay restrictions.

(817) 632-7400  
<https://www.journeyhome.org/who-we-help>

2400 Cypress  
Fort Worth, Texas 76103

# FINANCIAL ASSISTANCE

## > COMMUNITY ACTION PARTNERS

Provides comprehensive services to economically disadvantaged individuals, families, and the elderly. Through the CAP program residents learn to become financially independent, reducing and eliminating their reliance on social services

(817) 392- 5720  
<http://fortworthtexas.gov/cap/>

4200 S. Freeway, Suite 2300  
Fort Worth, TX 76115



# FINANCIAL ASSIST. CONT.

## > TARRANT COUNTY DEPARTMENT OF HUMAN SERVICES

A variety of programs available to help disabled, unemployed, or people in crisis. Including a Special Utility Assistance Program for those receiving social security benefits or those with limited income.

817-531-5620  
<https://access.tarrantcounty.com/en/human-services.html>

1200 Circle Drive, Ste. 200  
Fort Worth, 76119

# FOOD ASSISTANCE

## > WIC PROGRAM- TARRANT COUNTY

Offers free services to those who qualify to receive nutrition information, breastfeeding education and assistance, nutritious food, referrals to health and medical services, and immunizations as some WIC clinics.

*\*Multiple locations, multiple treatments options, see website for more information*

(817) 321-5400  
<https://access.tarrantcounty.com/en/public-health/family-health-services/wic-program.html>

## > SALVATION ARMY OF TARRANT COUNTY

Provides food & emergency financial assistance for rent, bills, medications and case management for eligible families, depending on availability.

(817) 344-1800  
<https://salvationarmyntx.org/>

1855 East Lancaster  
Fort Worth, TX 76103

## > CLAYTON COMMUNITY CENTER-PANOLA FOOD PANTRY

Food pantry that offers assistance to families and can provide nonperishable food. Open 1st and 3rd Mondays 12-1pm

(817) 380-9072  
<https://claytonyouth.org/clayton-community-center-panola/>

610 Griggs Ave  
Fort Worth TX, 76103

# HOUSING AND RENT ASSISTANCE

## > TARRANT COUNTY DEPARTMENT OF HUMAN SERVICES

A variety of programs available to help disabled, unemployed, or people in crisis. Including a Special Utility Assistance Program for those receiving social security benefits or those with limited income

817-531-5620  
<https://access.tarrantcounty.com/en/human-services.html>

1200 Circle Drive, Ste. 200 Fort Worth, 76119

## > TARRANT COUNTY HOUSING PARTNERSHIP

Works in collaboration with local and federal government to deliver a variety of programs and services that address housing issues for special populations. Including free counseling and workshops for first-time home buyers, homeowners in crisis, down payment and closing cost assistance, and affordable housing options.

(817) 924-5091  
Toll-free: (877)-924-5095  
[counseling@tchp.net](mailto:counseling@tchp.net)

4200 South Freeway, Ste. 307

# HOUSING AND RENT ASSISTANCE CONT.

## > HOUSING ASSISTANCE OFFICE- TARRANT COUNTY

Provides safe, decent, and affordable housing for low-income families. TCHAO promotes personal, economic, and social upward mobility while assisting families with the transition from subsidized to non-subsidized housing.

(817) 531-7640

<https://www.tarrantcounty.com/en/housing-assistanceoffice.html>

2100 Circle Drive

Fort Worth, TX 76119

# LEGAL ASSISTANCE

## > FREE/LOW-COST LEGAL ASSISTANCE- TARRANT COUNTY

List of resources provided by Tarrant County of organizations that provide free or low-cost legal assistance.

<https://www.tarrantcounty.com/en/law-library/freelow-cost-legal-assistance.html>

## > LEGAL AIDE OF NORTH WEST TEXAS.

Non-profit organization that provides high quality, legal aid through a combined effort of legal services staff and volunteer attorneys. Assists individuals and families with civil matters including: family law and domestic violence, access to benefits, housing issues, employment, wills and much more.

(817) 336-3943

<https://internet.lanwt.org/locations/fortworth>

600 E. Weatherford Street Fort Worth, TX 76102



# LEGAL ASSISTANCE CONT.

## > FAMILY AND VETERAN ADVOCACY CLINIC TEXAS A&M UNIVERSITY SCHOOL OF LAW, LAW CLINIC

Free legal assistance for low-income individuals and families. Handles civil cases such as: protective orders, domestic violence issues, divorces and child custody, adoptions, etc. Must make an appointment by calling first.

(817) 212-4123  
<https://law.tamu.edu/prospective/academics/centersclinics-programs/family-and-veterans-advocacyclinic/for-potential-clients>

Star-Telegram Building  
307 W. 7th Street, Ste. LL50

# SUBSTANCE USE DISORDER ASSISTANCE

## > MY HEALTH MY RESOURCES- TARRANT COUNTY

Provides comprehensive treatment for recovery through addiction services. MHMR offers a continuum of care for adults and adolescents including prevention, education, and testing services.  
*\*Multiple locations, multiple treatments options, see website for more information.*

(817) 569-4600  
<https://www.mhmrarrant.org/Services/AddictionServices>

MHMR Recovery Center 1501 E.  
El Paso Street Fort Worth, TX  
76102

# MEDICAL ASSISTANCE

## > COOK CHILDREN'S NEIGHBORHOOD CLINICS

Community-based neighborhood clinics provide well-child, sick visits, vaccines, and other supportive resources. Accepts Medicaid, CHIP, and most insurance plans.

*\*Multiple locations, multiple treatments options, see website for more information*

(817) 534-7110  
<https://cookchildrens.org/neighborhoodclinics/Pages/default.aspx>

Miller Clinic 2755 Miller Avenue  
Fort Worth, TX 76105

## > JPS HEALTH NETWORK

Provides inpatient, outpatient, and peer and family services for adults and adolescents. Accepts most insurance plans and offers multiple payment assistance programs for services.

*\*Multiple locations, multiple treatments options, see website for more information*

(817) 702-1100  
<http://www.jpshealthnet.org/location/true-worth-clinic>

True Worth Clinic  
513 E Presidio Street  
Fort Worth, TX 76102

## > NORTH TEXAS AREA COMMUNITY HEALTH CENTERS

Offers a full range of quality, family-oriented comprehensive primary, and preventive services, including Family Medicine, Pediatrics, OB-GYN, family planning, prenatal care, behavioral care services, and health education.

*\*Multiple locations, multiple treatments options, see website for more information*

(817) 212-4123

<https://law.tamu.edu/prospective/academics/centersclinics-programs/family-and-veterans-advocacyclinic/for-potential-clients>

Star-Telegram Building  
307 W. 7th Street, Ste. LL50

## TRANSPORTATION SERVICES

### > MY RIDE- MHMR OF TARRANT COUNTY

Provides transportation options & counseling for people experiencing difficulty getting to the doctor, grocery store, work, social activities, etc. due to a disability.

*\*Multiple locations, multiple treatments options, see website for more information*

(682) 587- 7099

<https://www.mhmrarrant.org/transportation/>

Disability Services Office  
1300 Circle Dr.  
Fort Worth, TX 76119



**Clayton**  
**COMMUNITY CENTER**  
Panola



Clayton Community Center – Panola  
610 Griggs Ave, Fort Worth TX 76103  
9am-7pm  
(817) 380-9072

[www.claytonyouth.org/partnerships/community-center/](http://www.claytonyouth.org/partnerships/community-center/)